

Interview on Alcohol Abuse in Isolation by South China Morning Post on 20 June, 2020

The Alliance

Convenor

Dr S P Mak
麥倩屏醫生

The Convenor was interviewed by the South China Morning Post on alcohol abuse during the COVID-19 pandemic. The article was published on 20 June 2020 entitled "Alcohol abuse in isolation".

Hon Secretary

Dr Regina C T Ching
程卓端醫生

The Convenor highlighted the misconception that drinking could relieve pressure when in fact it made people more depressed as alcohol affected the central nervous system. This reflected that more education on the harms of alcohol was needed. She also commented that measures should be implemented by government to tackle alcohol-related harm, including strengthening restrictions on alcohol availability, enforcing bans or restrictions on alcohol advertising and promotion, and raising the price of alcohol as the three most cost-effective strategies recommended by the World Health Organization.

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